Edgar Elementary School

Wildcat News

Volume 22, Issue 6

February 1, 2024

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FEBRUARY NEWS FROM MRS. WITT!

Edgar Families,

It is hard to believe that the school year is half over, and we are beginning the second semester of the 2023-2024 school year! All parents should have received the quarter 2 report cards on Monday. We will have our spring parent/teacher conferences on Wednesday, February 21st from 3:30-7:30. We will continue to use the PTC Fast online scheduler for you to schedule your conferences. The flyer with directions to sign up for your conferences is in this newsletter and was posted in SEESAW.

We have some exciting news! We will offer the choice to our 4K parents whether they want to send their child five days a week for 4K or three days a week for 4K. The school board approved for us to hire a 60% teacher who will teach the 4K students who chose to come three days a week. More information will be shared at preschool screening on March 15th.

The FEBRUARY FAMILY FUN NIGHT is set for Monday, February 5th with a SWISH theme. Illustrator Don Tate will share about his book SWISH and then our PE staff will have students rotate through some basketball stations. We hope to see you there!

Edgar Elementary School will be celebrating RANDOM ACTS OF KINDNESS WEEK the week of February 12-16th. We will have daily dress up days and daily activities for each classroom to participate in as well. We are going to do a school-wide collection as our way to do an elementary school random act of kindness. The flyer with all of the details will be coming home soon.

Please mark your calendars for the dates for summer school: Swimming starts June 10 and ends July 3 (Monday-Thursday in the mornings). Regular summer school starts June 17 and ends July 18 (Monday-Thursday, no Fridays and 8:00-12:00 only). More summer school information will come out next month.

I am looking forward to a wonderful month of February!

Mrs. Witt :-)



FEBRUARY 5	FAMILY FUN NIGHT - LITERACY SWISH! @ 6:00 P.M.
FEBRUARY 21	PARENT/TEACHER CONFERENCES 3:30-7:30 P.M.
FEBRUARY 21	SCHOOL BOARD MEETING @ 6:00 P.M.
FEBRUARY 23	NO SCHOOL-TEACHER INSERVICE
FEBRUARY 28	CELEBRATION ASSEMBLY @ 2:00 P.M.
FEBRUARY 29	GRAND THEATER GRADES 2 & 3 @1:00 P.M.

The bottom line is only 6-12-Ala Carte The middle line of the menu is 4K-12-Main The top line is breakfast

Just a reminder to keep your students lunch account up to date. There are Free/Reduced and Elementary offices as well as the kitchen. applications available in both the High School

with their cold lunch they must enter their cold lunch this year will be \$.45. lunch numbers into the computer. Milk with Also a reminder that if your student needs milk

questions. Please do not hesitate to call or email with any

rlarson@gapps.edgar.k12.wi.us 715-352-3321

Menu is subject to change due to availability.

Menus for February 2024

Edgar School District

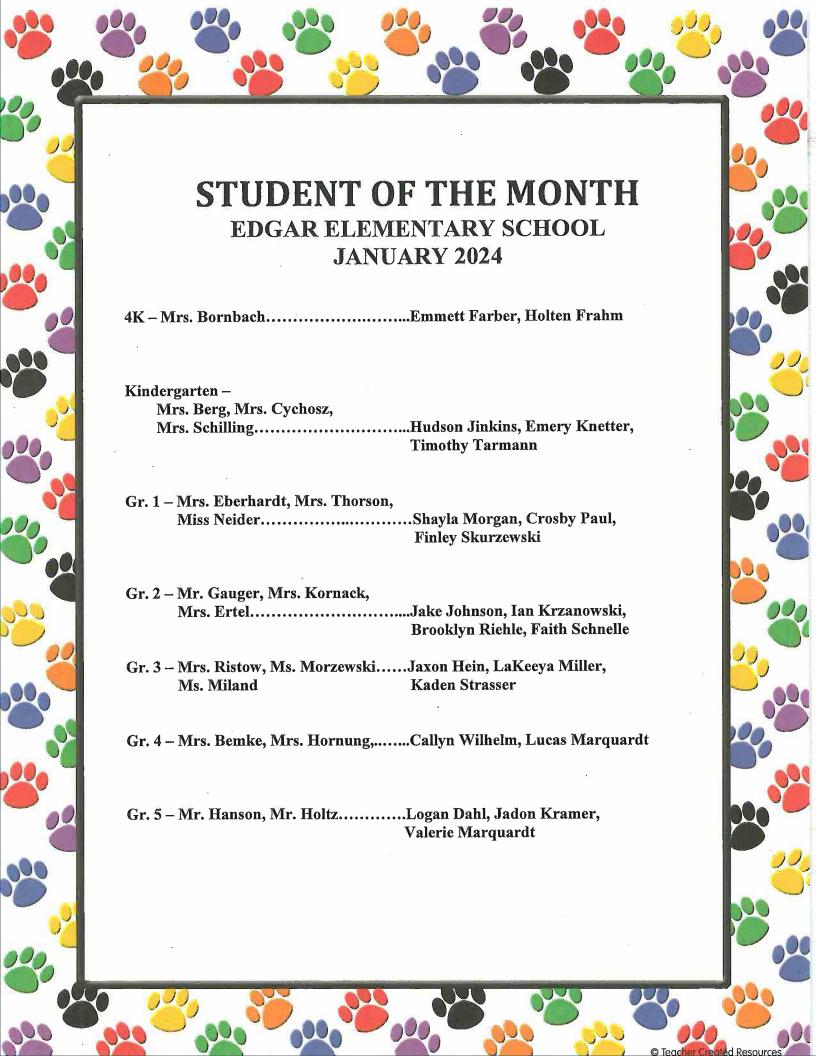
	Taco Salad	Hot Ham and Cheese	Waffles and Sausage	Monday, February 26	Cheeseburgers	Corn Dogs	Monday, February 19 Pancake Wraps	Breaklast for Lunch	Pizza Dippers	Breakfast Pizza	Monday, February 12	Pulled Pork Sandwiches	Chicken Nuggets and Rice	Waffles and Sausage	9 0	- 00	3	
	Chicken Nuggets	Chicken Alfredo	Homemade Muffins	Tuesdav. February 27	Chicken Fajitas	Rotini	Tuesday, February 20 Homemade Muffins	General I so	Soft Tacos	Homemade Muffins	Tuesday, February 13	Potato Bowl	Taco Salad	Homemade Muffins				
	Soup and Sandwich	Mini Corn Dogs	Breakfast Sandwich	Wednesday, February 28	Chicken Tenders and Curly Fries	Walking Tacos	Wednesday, February 21 Omelet and Biscuit	Popcom Shrimp	Cheese Pizza	Valentine Donuts	Wednesday, February 14	Hot Dogs	Homemade Pizza	Breakfast Sandwich				
Cheesy Fiesta Potato Bowl	BBQ Boneless Wings and Mac and Cheese	Leap Year Lunch	Leap Year Turn Overs	Thursday, February 29	Mini Com Dogs	Homemade Pizza	Thursday, February 22 Grab and Go	Hot Ham and Cheese	French Toast Sticks	Grab and Go	Thursday, February 1.5	Chicken Sandwich	Sloppy Joe	Grab and Go	1	Chicken Pizza	Mini Com Dogs	Thursday, February 1 Grab and Go
				75.			Friday, February 23 No school	Lasagna Roll-Ups	Turkey Ham and Cheese Subs	Cinnamon Rolls	Friday, February 16	Chicken Alfredo	Hot Turkey with Mashed Potatoes	Donuts		Pizza Dippers	Rotini	Friday, February 2 Turn Overs

February

- American Heart Month
 National Cherry Month

"This institution is an equal opportunity provider"

- National Grapefruit Month
- National Sweet Potato Month



Edgar Elementary School Preschool Screening

And

4 Year Old Registration Day

Date: March 15

Times: 7:15 a.m.-5:00 p.m.

Place: Edgar Elementary School

All children who plan to attend 4K in fall need to attend the preschool screening/4K registration day. This screening is to register your child for 4K in the fall as well as help identify any children who may be in need of some type of assistance prior to entering school. Screening and registration will take approximately 45 minutes and will include the areas of health and developmental history, readiness concepts, motor skills, and speech/language development.

If you have any concerns with your child who is under 3 years old, BIRTH TO THREE will be available to screen your child. This screening will take approximately 30 minutes and will include observations of early developmental skills and tasks and the completion of a health and developmental history.

Information letters will be sent out in mid February to all parents of children ages 3 and 4. If you do not receive a letter, or if you know of someone new to the district, or have any questions, please call the elementary office at (715)352-2727.



February Greetings from our 4 Year-Old Kindergarten Classroom! ~ Mrs. Kristin Bornbach; February 2024 ~

Our 4 Year-Old Kindergarten Classroom is a busy place! We continue to learn many important things. Working at learning centers, playing with our friends and giving our best effort each day to become a better student are all things we do each day.

In this upcoming month of Februar, we will be learning about "transportation" as well as "animals." Important alphabet letters include Uu, Gg, Ww and Xx. We have studied almost all the alphabet letters. In math, we continue to review numbers 1-10, and then to count to biggers numbers like 20 and beyond if we can!

Recently, each student took home their first school report card! Our report card celebrates the many accomplishments and the things we do well. We all have things to work on! We all have many things we are great at!

In the month of February, we will celebrate Valentine's Day. Medical students will visit our classroom for a Teddy Bear Clinic, and we are also hoping to take a special fieldtrip. As always each day, we celebrate students' of the day and month, birthdays and even each day of the week! We all anxiously await Saturday's as it is our classroom acclaimed "Party Day!"

The weather has been so great for outside recess times. We all love snow, but these warmer temperatures give us the feeling of spring!

We are excited for another exciting month! Wishing you chocolate candies and pretty, red and pink paper hearts!

Sincerely, Mrs. K. Bornbach

Kindergarten News:



Mrs. Berg, Mrs. Cychosz and Mrs. Schilling

This month in math, we will compose and decompose numbers to 10 in different ways. We call this "making" and "breaking apart" numbers.

This month we will read books by our favorite author, Jan Brett and continue to practice our reading each week. Keep an eye out for our decodable books and enjoy listening to your child read as they are so proud of their progress.



We are very excited to welcome Mrs. Tammy Kirsch to our kindergarten classrooms. She is our volunteer Junior Achievement leader and will be coming into our classrooms for February and March.







1st Grade February News Mrs. Eberhardt, Mrs. Thorson, Miss Neider

It's hard to believe we are already half way through the school year!

In reading, we are continuing to work on all the different long vowel sounds and vowel teams. We will continue to build reading comprehension skills and retelling stories including key details and main events.

In writing we are continuing to work on proper sentence structure as well as applying our sight word spelling to our daily writing work.

In math, we are finishing up Unit 4. We have been working with numbers to 99. We practiced tens and ones and compared numbers to 99. We also found different ways to make a two digit number. We will be diving into Unit 5 soon. This will include adding without making a ten, adding one- and two-digit numbers, and adding within 100.

Between our social studies and science units, we had fun with "minute to win it" activities which involved lots of cooperation, focus, listening skills, and good sportsmanship. We are beginning a new science unit, Plant Traits and Survival.



Fabulous February Second Grade News

Mrs. Kornack, Mr. Gauger, and Mrs. Ertel

It is hard to believe, but half of the school year is already behind us. Our second graders worked really hard during the first half as they were engaged in learning and applying new concepts. We recently completed the winter Fastbridge assessments. The students have made a lot of progress since the beginning of the school year. Their scores were quite impressive! We are so proud of how hard they have been working. Thank you for your help, too!

We have entered the second semester and continue to learn and grow. Students have been working hard in math class with two-digit numbers and placing them on the number line, and comparing those numbers. We just started unit 5 where we are working with representing three-digit numbers.

We've finished our third Reading Theme, and students are seeing ongoing improvement in their reading skills. Our focus will be on enhancing fluency, comprehension, vocabulary, grammar, and writing. Your support, both in and out of school, is highly appreciated. It plays a crucial role in their success and is a valuable investment in their future. Encouraging reading at home will boost their confidence and contribute to improvement across all areas.







^{*}The students enjoyed creating their own bird feeders in Science.

Third Grade News in February



Mrs. Ristow, Ms. Morzewski, and Ms. Miland

We hope all of you are doing well. Here's the scoop for the month.

Third Grade just completed the Winter FastBridge testing and are so excited to see the growth that the children are making!

We have started Unit 4 in math which includes division. Please use the division flash cards that you should have at home, but don't forget to keep working on the multiplication facts too. They are all making great progress with automaticity with their facts. Thank you for your hard work at home!

Junior Achievement has been a lot of fun learning about our community and what is found in different communities. They played a fun game about money and banking and made their own business and had different scenarios to figure out how to manage a business.

On February 29th we are planning a trip to the Grand Theater. Our show will be Magic School Bus. We are excited to see this performance. Be watching for the permission slips coming out soon! The cost is \$11.

We will be celebrating Valentine's Day on Wednesday February 14th. Please check Seesaw for information regarding Valentines and treats for the party.

Thank you for your part in making this year successful! We appreciate you!



Fourth Grade News

by Mrs. Bemke and Mrs. Hornung



Congratulations to the students who have met their January
AR Reading goal! Please remember to complete the one-minute
oral reading fluency practice as part of our nightly reading for this helps students build
oral reading skills.

As we continue to help children grow and learn, we think that it's important to foster independence and to help students develop skills for learning. Developing a growth mindset is essential for development, success in school, and in life. It's important for children to learn how to keep working on something even when it's difficult. Going through the process allows our young learners to learn how to think. Accomplishing tasks and completing work on time helps build the confidence in our learners and allows for the learner to say "I can!"

Learners in the Fourth Grade are continuing to work on mastering their basic multiplication facts. Please be sure to practice the basic multiplication facts at home to help your child become stronger in having these facts memorized. We will continue to work on applying subtraction and addition skills while working with greater numbers. In Math we are also working with greater numbers through hundred thousands, comparing numbers and rounding to different place values.

In the Writing Workshop our focus is on developing strong writing skills. Going through the writing process of planning, writing a rough draft, editing, revising, and finalizing a final copy helps writers grow in their awareness of word choice to share their ideas and opinions through writing. Students are working on writing a personal narrative. They are learning to use descriptive witing skills to help their readers visualize a small moment in their personal lifes. These paragraphs will be published in a class book for all of our families to enjoy. In ELA students are exploring the question: Why do we need government? In the article, "A World Without Rules" we are looking at the text structure of cause and effect in developing our opinions on the subject.

In Social Studies students are leaning about the early Wisconsinites through learning how to read a photograph and how to analyze artifacts of a period in time to learn more about the people. While thinking like historians, learners are developing the ability to share what they have learned about these early people in our state.



Fifth Grade News

Mr. Hanson & Mr. Holtz

What a great start to 2023 we have had in the classroom! We have talked about "New Year's Resolutions" and how as leaders of the elementary school, it is super important to continue and push for great achievements. The kids are working hard developing skills of leadership, using a great attitude, amazing effort, and 100% desire to do their best every day!

Math- We worked really hard on long division and with decimals. We are constantly working on our math fact fluency and other Math games/centers. If you have a deck of cards at home, there are numerous Math games you can play as a family that will help continue your son or daughter's growth in Math. Ask them about Decimal Comparisons, Math 24 or Krypto! Or even play Math Fact Flip (flipping cards over to practice math facts). Great way to spend a cold winter's night (if we ever have one)!

Reading- We continue to work through our Wonders book! We have been exploring many different stories and genres with our new curriculum. The kids are doing great working with all the materials, small group opportunities, and the technology! A lot of great stories that might have been missed in our Science and S.S. textbook! The students did a great job with comprehension and skill work. We are working on our reading fluency through different opportunities (with a teacher, with a peer, and even recording themselves)! Also, expect your child to come home with a book they are reading for their monthly AR goal! We continue to push them to find 15-20 minutes a day to be reading!

Science- We are back at finding our "green thumbs"! We are on round 2 of our Plant Lab for the year! The kids are doing great with making observations, having discussions, and collecting data (which will be used to compare with all the other plant labs we do). We will start to do different activities with engineering and working with some amazing picture books to help our study of engineering!! We can't wait to see what they will create!

Social Studies: Students have completed a unit on the Oregon Trail, in which they played the classic "The Oregon Trail" video game. Students also learned about Lewis and Clark and other important men and women who helped shape what we now call the United States of America. Lastly, we learned about the California Gold Rush by participating in a virtual field trip! We will begin our next unit soon which will cover battles of the Civil War.

Again, thanks for all your support and efforts at home! We are off to a great start and hope to continue this throughout the rest of the year! Take care.







Use this guide to help students in the YELLOW ZONE. We all have worries in our lives, but it is important to know what to do with those worries. Having a growth mindset also increases our confidence and decreases fears of failure.

Teach Your Child to Turn Their Worry Into "I Wonder"

Occasional worry is okay. But when worrying becomes a habit, it can have serious health effects on your child.



Break the cycle by helping your child turn their worry into "I wonder":

Worry		Wonder
"I will be embarrassed if I screw this up."	->	"I wonder what will happen if I try this and give it my best!"
"I won't know anyone and will have no one to talk to."	->	"I wonder if I can make some new friends if I go."
"This is going to be too hard for me."	->	"I wonder if this will help me learn a new skill!"
"I don't want to ask a question because I feel stupid for not knowing this."	-	"I wonder if others have the same question as I do. They would be thankful I asked."
"I won't have any friends in the new school."	-	"I wonder how many kids like the same game as I do."
"I'm just not good at anything."	->	"I know everyone has unique talents. I wonder what mine are."

When your child learns to turn their worries into "I wonder" ...
...their mental and physical health improves, and they become more resilient.

As always, please contact me with any questions, concerns, or if you are looking for additional resources at ipritzl@aapps.edgar.kl2.wi.us or

(715) 352-2727 ext. 125.





Does your brother or sister have special needs?

What are Sibshops?

Sibshops, a globally known program,



offers siblings of children with special needs like autism, down syndrome, chromosomal disorder or general developmental delays an

opportunity to get together, have fun, and participate in new games and activities.

Realizing that being a sibling

to a child with special needs is sometimes good, sometimes not-so good, and sometimes in between, the program provides peer support and education in a recreational setting.

What do parents say about Sibshops?

"I like that he's making friends with others who understand what it's like having a family member with autism."

"For once, I don't feel guilty about my kids feeling left out."

"Sibshops give my daughter experience explaining about her brother. She gets help finding words from other kids to

help people understand."

Please join us!

Date: Saturday February 17, 2024 Where: Marshfield Medical Center-

Conference Center

Marshfield, WI
Time: 9am - Noon

Ages: 5 - 12 years

Cost: \$5 per child, includes T-shirt

(payable day of event)

Enrollment is limited

For more information or to register:

Kari Bluhm, MS, CCLS Certified Child Life Specialist 715.221.8824 bluhm.kari@marshfieldclinic.org

Lindsey Welch, BS, CCLS CTRS Certified Child Life Specialist Certified Therapeutic Recreation Specialist 715.221.7419 welch.lindsey@marshfieldclinic.org

Registration Deadline: February 9, 2024

If you are experiencing any illness symptoms, you will need to stay home.

What do kids say about Sibshop Goals

- Provide opportunities to meet other siblings in a relaxed, recreational setting.
- 2. Provide opportunities to discuss



A service of Marshfield Clinic Health System

Child Life and Expressive Therapies is made possible through donations to



- common joys and concerns with other siblings of children with special needs.
- Provide opportunities to learn how others handle situations commonly experienced.
- 4. Provide opportunities to learn more about the implications of their sibling's needs.
- 5. Provide parents and other professionals with opportunities to learn more about the concerns and opportunities frequently experienced by siblings.



From the Library:

Miss Hamann

February is an exciting month in the Library. We are participating in the state-wide Golden Archer Award voting process. This is an award voted on by the students of the State of Wisconsin. The five nominees for 2024 are:

- Knight Owl by Christopher Denise
- Pigeon & Cat by Edward Hemingway
- Sour Grape by Jory John
- Creepy Crayon! by Aaron Reynolds
- Pigeon Will Ride the Roller Coaster! by by Mo Willems

We are going to spend the next few weeks reading these books and deciding which is the favorite of Edgar Elementary School. Our vote totals will be combined with schools all over the state to declare a winner.



We also have the Battle of the Books nearing the end of the season. We have 5 elementary teams (pictured below)) of 4th and 5th grade students competing to see which team has read and remembered the books on our battle list the best. On February 1st the students will battle it out to see which team will be representing Edgar Elementary in the State Battle of the Books Competition on February 20th. These students have been working

hard. It is exciting to see them get excited about reading and seeing their classmates cheering them on.

Save the date: Our Spring Book Fair will be the week of March 11, 2024 More details to follow



7 Things to Do Before Homework



Feed your child's tummy and brain - food is fuel!



2. Allow lots of FRESH air and play time first to let them unwind,



but without screens.

- 3. Have a designated place for all school things, like the same spot by the door.
 - 4. Have a designated place for DOING homework with everything they need within arm's reach.
- 5. Clear your schedule if at all possible so YOU can be available when they are DOING their homework in case they need help.
- 6. Stay CALM so that if your child hits a roadblock, they can express themselves and you can address the issue together as a TEAM.



7. Make sure your child is getter enough <u>SLEEP</u>.

7777777

Adapted from Scholastic, Inc. Title One Reading-Mrs. Smith February 2024

ELEMENTARY ART NEWSLETTER

FEBRUARY 2024

I am thrilled to share some exciting news with you regarding the recent decision to invest the funds raised through our successful fundraiser. Thanks to your generosity and support, we are thrilled to announce that we will be acquiring three brand-new pottery wheels for the elementary art room!

This addition will significantly enhance the artistic experiences of our young learners, providing them with the opportunity to explore and develop their creativity through the unique medium of pottery. The new pottery wheels will not only facilitate hands-on learning but also foster a deeper appreciation for art, craftsmanship, and self-expression. I believe that art plays a crucial role in

the holistic development of our students, promoting skills such as focus, patience, and imagination. With the introduction of these new pottery wheels, I aim to create an engaging and inspiring environment where our students can unleash their artistic potential and discover the joy of creating beautiful pottery pieces.

I love seeing students try their very best, show improvement, and create in my classroom. It is such a wonderful feeling to see my students excited and engaged. Their dedication is impressive and it is wonderful to see students simply love art. I appreciate the extra time they take to make their work amazing!



THANK YOU!
AMANDA ALBRECHT

Art aalbrecht@capps.edcar.L2.wins

Physical Education

K-2 PE students have been working through a variety of units this month: rhythms & dance, throwing & catching, and stunts & tumbling review, and finally a team games unit working on cooperative skills and positive sportsmanship. In the rhythms & dance unit, students practiced basic concepts of timing, moving to the beat, and mirroring a variety of dance movements. We then revisited units of throwing and catching and tumbling for a few days to reinforce the skills we had practiced before Christmas break. To close out the month, we played a variety of team games that helped students recognize and understand what cooperative play looks like and how to demonstrate positive sportsmanship through that play.

3rd, 4th, & 5th grade PE students have also been working through a variety of units during the month of January. We started with a rhythms & dance unit that had students practicing body awareness, understanding timing and rhythm, and exploring positive and cooperative peer interactions through song and dance. From dancing, 3rd and 4th grade transitioned into a space invasion games unit that challenged students to better understand and implement offensive and defensive strategies. 5th graders explored two team game units of basketball and floor hockey focusing on refining their manipulative skills and practicing offensive and defensive strategies through mini games. We are just starting in on a pedometers unit where we will focus on goal setting and working to achieve our goals. Students are very excited to see how many steps they can reach in a 30 minute PE class!

Remember Indoor Shoes Everyday!

Mr. Lukasko, Mr. Handrick, & Mr. Decker





EDGAR ELEMENTARY, MIDDLE AND HIGH SCHOOL INVITE YOU TO THE SPRING PARENT/TEACHER CONFERENCES!

DATE: WEDNESDAY, FEBRUARY 21, 2024

TIME: 3:30-7:30 P.M.

PLACE: Edgar School District

<u>CONFERENCES</u>: Parents can schedule their own parent/teacher conferences using the website called PTCFast.com. This website makes it easy for you to schedule your own conference as well as make any changes if needed! Please follow the directions below to schedule your own parent/teacher conferences:

- 1. Go to the Edgar School District website and click on the PARENT TAB and then scroll down and click on the last link PARENT/TEACHER CONFERENCE REGISTRATION
- 2. Click on all teachers you wish to schedule a conference with and press SUBMIT
- 3. If you selected more than one teacher to schedule a conference with you will be prompted to answer a question:
 - Are the conferences for one student, more than one student or return me to the conference list to re-choose my conferences
- 4. You will then need to provide the following information:
 - Child's first name, child's last name, your name, your email address, phone number is optional and then press SUBMIT
- 5. You will then get this message:
 - Thank you for registering. Please check your email at the address you provided. You will find an email with the subject header "Select Date/Time for Teacher Conference Now". Just press the link in the email and you will be able to pick a time slot for the conference.
 - Note: Email sometimes does not get delivered immediately, please allow up to 15 minutes. You might also check your Spam folder.
- 6. Open your email and click on the link provided to schedule your parent/teacher conference. You will receive an email reminder
- 7. IF YOU DO NOT HAVE ACCESS TO A COMPUTER OR THE INTERNET FOR SCHEDULING A CONFERENCE, PLEASE CONTACT ONE OF THE OFFICES AND THEY WILL SCHEDULE FOR YOU!



Edgar School Calendar 2024- 2025 August 2024 September

July 2024

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January 2025

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February 2025

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March 2025

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April 2025

Graduation

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May 2025

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25	26 V	27	28	29	30 41	31

June 2025

Days in school

Term 1 - 44

Term 2 - 44

Term 3 - 44

Term 4 - 43

Total - 175

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29	30					

Event <u>Dated</u> New teachers report Ν

Teacher Inservice-Full Day(1/2T=Half Day) Т OH Open House (3:00-6:30) Vacation ٧ В **Board Meetings** Р Parent/Teacher Conference S Grading period starts Ε Grading period ends С Concerts #=Elem, ^=MS, *=HS

Inservice days - 8.5 Holidays - 4.0

Open House/Vector - 1.0 Parent/Teacher Conferences - 1.0 Total contracted days- 189.50

P/T Conference Times: October 15 & 16 - 3:30-7:30 pm Open House Time 3:00-6:30pm

The 4th snow day and any thereafter will be made up as determined by administration.

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Notes from the Nurse

By Lara Beranek, BSN, RN

Food Allergy Awareness

As we navigate the school year together, it's important to foster a community that prioritizes the well-being of every student. In this installment of Notes from the Nurse, I would like to shine a spotlight on food allergy awareness and safety, providing valuable insights on how we can collectively create a safer environment for all.

Understanding Food Allergies:

Food allergies affect millions of children, and our school community is no exception. It's crucial to recognize that even a tiny amount of a particular food can trigger severe and life-threatening allergic reactions in some students. Common allergens include peanuts, tree nuts, dairy, eggs, soy, wheat, sesame, and fish. Being aware of these allergens is the first step towards creating a safe and inclusive environment for all.

Talking to Kids About Food Allergies:

Initiating a conversation about food allergies with your child is a proactive way to promote empathy and understanding. Here are a few tips for discussing this topic:

- **Keep it Simple** Tailor the conversation to your child's age and maturity level. Explain that some friends have allergies, and certain foods may make them sick.
- **Emphasize Empathy** Encourage empathy by helping your child understand how it feels to have to be cautious about what they eat. Emphasize the importance of inclusivity and kindness.
- Highlight Similarities Relate the idea of food allergies to something your child can grasp easily. We are all individuals and all have special things about us, but we are certainly more alike than we are different.

Teaching Considerations Around Others with Allergies:

Equipping your child with the knowledge of how to be considerate around peers with allergies is pivotal in maintaining a safe environment. Here are some key considerations to instill:

- **No Food Sharing** Remind your child not to share food with classmates, as even trace amounts of allergens can cause reactions.
- Handwashing Stress the importance of regular handwashing, especially after eating. This simple practice can prevent accidental exposure to allergens.

- Read Labels Together Teach your child how to read food labels, identifying potential allergens. This skill empowers them to make informed choices.
- Inclusive Celebrations When sending treats for classroom celebrations, consider allergen-free alternatives to ensure every student can participate.

Creating a culture of food allergy awareness requires our collective effort. By fostering open conversations at home and teaching our children to be considerate and inclusive, we contribute to a safer and more supportive school community. Thank you for your commitment to the well-being of all our students.

Notes from the Nurse

By Lara Beranek, RN

DENTAL HYGIENE & ORAL HEALTH

February is National Children's Dental Health Month. Good dental hygiene leads to good oral health. Good oral health is a huge part of our overall physical health! Poor oral health is linked to heart disease, diabetes, and stroke along with other chronic conditions. Here are some of the basics for keeping your mouth healthy.

- Brush twice a day and take your time!
- **Use toothpaste** with fluoride and a soft-bristled brush.
- Keep your toothbrush clean- rinse it after use and store it upright. Don't keep it covered- let it air dry to prevent growth of bacteria and molds.
- Replace your toothbrush every 3-4 months
- Floss daily! It doesn't matter if you floss before or after your brush. If you struggle with string floss, try the floss picks or interdental brushes.
- Using **mouthwash** can help with killing germs in the mouth, keeping teeth protected from the acids caused by bacteria feasting on sugars. Mouthwash also helps keep your breath fresh and pleasant! Some mouthwashes also contain fluoride. Ask your dentist if that is something you should be using.
- **Avoid sugary drinks** like soda and sports drinks. They are one of the biggest culprits in formation of cavities (sugar=food for bacteria=acid production=HOLES in teeth!).
- **GO SEE your dentist** if you have any of these issues arise:
 - o Red, tender or swollen gums
 - o Gums that bleed when you brush or floss
 - o Gums that begin pulling away from your teeth
 - o Loose permanent teeth
 - Changes in the way your top and bottom teeth align with each other
 - Unusual sensitivity to hot and cold
 - Persistent bad breath or an unusual taste in your mouth
 - Difficulty swallowing
 - Mouth ulcers or sores that don't heal

Taken from the American Dental Association https://www.mouthhealthy.org/oral-health-recommendations

and the NIH. https://www.nidcr.nih.gov/health-info/oral-hygiene





Family Matters

January-May 2024

Community Services

Family Forums

The Gift of Dyslexia

Tuesday, March 5th 6-7:30pm Children's WI 705 S. 24th Ave Wausau Presented by Anne Mataczynski, GEM Learning Center

What do Cher, Leonardo da Vinci, Whoopi Goldberg, and Walt Disney all have in common? Dyslexia. Their genius didn't occur in spite of their dyslexia, but because of it. Let's change our perspective of dyslexia from disability to gift, by starting with a clear, accurate understanding of what dyslexia really is, and what causes it. Registration is required for the onsite childcare.

The Wiggles!

March 12th 5:30-7pm Children's WI 705 S 24th Ave Wausau Presented by Michaella Brickner, LPC

Are all kids this wiggly? Have you thought this about your young child? Join us to learn more about ADHD/ADD, signs and symptoms in young children, what age children may be diagnosed, what treatment could look like, and best practices in therapy. Come learn about regulation and strategies to help with your young child's wiggles! This presentation will focus on children around the ages of 0-6 years old.

Family Events

Kids in the Kitchen!

Tuesday, April 2nd 6:00pm Children's WI 705 S. 24th Ave Wausau Presented by Penny Schmitt, FoodWise Nutrition Educator

Join us for this popular program! Make a healthy snack while learning from a nutritionist how to get your kids to WILLINGLY eat healthy. Bring your kids ages 1-10yo. Registration is required! Call 715-848-1457 to re-

SPACE IS LIMITED FOR EVENTS REGISTRATION IS REQUIRED TO ATTEND Call: 715.848.1457 or

Email: amjohnson@childrenswi.org

Parent Cafe

Thursdays, January 4th, February 1st, March 7th, April 4th, May 2nd, June 6th 6-7:30pm Children's WI 705 S. 24th Ave Wausau

Do you have a child in regulated childcare? Come and connect with other families that understand the challenges and joys of parenting! FREE treats, prizes and child care! Parent Cafés help build strong families using The Five Protective Factors. At a parent café you will be able to connect with other local parents, learn strategies to strengthen relationships with your Children, and receive concrete support for your family. Email AMJohnson@childrenswi.org to register for this series.



Five for Families

Thursdays, January 18th and February 22nd 5:30-6:45pm Children's WI 705 S 24th Ave Wausau

Want to help your family flourish?

Connect with others to learn about Five for Families and the Five Strengths. Topics include Helping Kids Understand Feelings, Parenting as They Grow, Connecting with Others, Building Inner Strength, and Knowing How to Find Help. Attend one or all of these casual sessions to build a stronger happier family. Registration is required!



Find us on... facebook

'Children's Wisconsin-Marathon County Family Resource Center'



Stay updated on our latest programing, and get great real-world parenting tips.

Children's Wisconsin

705 S. 24th Ave., Suite 400 Wausau, WI 54401 715-848-1457

amjohnson@childrenswi.org Find us on the web at childrenswi.org/wausau



Family Matters

PROGRAMS AND SERVICES

January-May 2024

Ongoing Services

LEAP (Learning Essentials about Parenting)

Parenting is a joy but challenging too. Let's work together solving problems and strengthening relationships in your home. A 9-week series, topics include building self-esteem, child development, communication skills, media, positive discipline techniques and more. 6 –7:30pm Mondays Registration Required. Call 715-848-1457

LENA Start Marathon County

Jump start your 0-45 month old for success in school and in life with this FREE 10 week program that emphasizes the importance of communication. Learn more about how early talk builds babies' brains. Includes <u>FREE</u> books, incentives, gift cards and all materials. Virtual and in-person options. Classes begin mid-February. *Must start on class one*. **Register at LenaStartMC.org**

Parent Aide Triple P In-Home Program

This 10 week program promotes positive parenting practices to address and prevent a range of social, emotional, and behavioral problems in children and teens. For parents with children in regulated childcare with children ages 0-17. Call 715-848-1457 for more information or to sign up.

Programs are free of charge and are not an Athens, Abbotsford, Edgar, DCE, Marathon, Wausau, Spencer, Stratford or Newman Catholic School District sponsored activity and the opinions expressed are not necessarily those of the school district or their personnel.

Parent Chat

Parents can schedule private, individual sessions with a staff person who can provide parenting information and support or connect you with the right community resource. Call 715-848-1457 and ask to be connected with a Parent Educator.

Warm Line

This is your non-emergency connection to speak with an expert on the day-to-day trials of child rearing and receive practical parenting information, tools, and advice. Call 715-848-1457 and ask to speak with a Parent Educator.

Play and Learn

Wednesdays 9:30 am-10:30 am

Wausau Library 300 1st St, Wausau

Connect with others who have young children and enjoy early learning activities to enhance your child's development and promote school readiness. For children ages 0-6yo. Registration is required upon entry.

Join us and have some fun!

NONDISCRIMINATION

It is the policy of the Edgar School District that no person may be denied admission to any public school in this district or be denied participation in, be denied the benefits of, or be discriminated against in any curricular, Career and Technical/Education, extracurricular, pupil service, recreational, or other program or activity because of the person's sex, race, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional, or learning disability or handicap as required by s. 118.13, Wis. Stats. This policy also prohibits discrimination under related federal statutes, including Title IX of the Educational Amendments of 1972 (sex), Title II, Title VI and Title VII of the Civil Rights Act of 1964 (race and national origin), Section 504 of the Rehabilitation Act of 1973 (handicap), and the Americans with Disabilities Act of 1990. This policy also prohibits harassment.

The district encourages informal resolution of complaints under this policy. A formal complaint resolution procedure is available, however, to address allegations of violations of the policy in the Edgar School District. For complaint procedures see Board Policies 1422, 2260, 2421, 3122, 4122, and 5517.

Any questions concerning s. 118.13, Wis. Stats., of Title IX of the Education Amendments of 1972, which prohibits discrimination on the basis of sex, or inquiries related to Section 504 of the Rehabilitation Act of 1973, which prohibits discrimination on the basis of handicap, should be directed to:

Dr. Cari Guden, District Administrator Edgar School District 203 E Birch Street PO Box 196 Edgar, WI 54426 (715) 352-2351

(PI 9.05 Wisconsin Admin Code and Board Policies 1422, 1623, 1662, 2260, 2260.01, 3122, 3123, 3362, 4122, 4123, 4362, and 5517)

SCHOOL CENSUS INFORMATION School District of Edgar

Please complete and return this form to the Edgar School District Office, 112 N. 2nd Ave., P.O. Box 198, Edgar, WI 54426. In order to reach all new families in our area, as well as all newborn babies, we are asking that this form be completed by anyone who has moved into the Edgar School District or has a new addition to their family.

Parent's Name					
	Last		First		Spouse
Address					•
	House/Fire Number		Street/Road		City
Telephone		Towns	hip or Municipality		·
LIST ALL CHILD	REN NEW TO THE DIS	STRICT	(LESS THAN 21 YE	EARS OLD).
NAME		AGE	DATE OF BIRTH	SEX	SCHOOL ATTENDING
2					
3					
4					·
5.					